

Dear Volunteer,

What an amazing end of our year with SoundCafe. A vibrant choir concert from the musicals; a lively Football Health & Well-Being Tournament and our finale Summertime Special - the skittles were a real hit!

This last term has also marked key changes in the team as we said 'goodbye' to Jenny, though we know she will be back to visit.

We're delighted to say we were successful at our recent interviews and Ruth Rainbow will be joining us when we return in September. Ruth will be covering both Monday and Wednesday sessions and we will be supporting her for the first six weeks until she is familiar with how sessions run and the various little challenges and unusual requests that are what SoundCafe is all about.

Ruth has most recently been employed as a mental health intervention officer supporting vulnerable students working as part of the mental health inclusion team. Previously she has run therapeutic groups including a women's group and art group. She enjoys participating in a community choir, playing piano, writing and reading poetry and participating in craft activities. I'm sure you will all join us in welcoming Ruth to the team and our SoundCafe family.

Like so many small charities this last year has been extremely challenging for SoundCafe financially as we seek to secure the necessary funds to continue running our services. As you are aware, we receive no central funding and all monies are through the generosity of our friends and supporters and the grant making bodies that we bid to. This in itself has been ever more challenging as there is less money available and the number of applications has increased tenfold. The Director post continues to lead on our bidding process but this role has been reduced to two days in light of SCL's financial position. It remains our priority to support our guests and to continue wherever possible to provide the range and quality of services that SoundCafe is known for. We have secured funding for the next twelve months and will be ever watchful of new opportunities for funding that may arise.

Importantly, without you, our volunteers there would be no charity and we are all ever grateful for your continued support and commitment. Volunteer recruitment is also a key priority and if you know of anyone who would like to join our volunteering family, please do let us know.

Have a wonderful Summer and we look forward to welcoming you back in September.

Alan, Rachel & Maria









Summer Choir Concert









SoundCafe Foxes Football Tournament



SUMMERTIME SPECIAL WEDNESDAY 19TH JULY 2023



















Dates for your diary

SCL Re-opens	Monday 4th September 2023 - Choir
October Half- Term	Monday 16th- Friday 20th October 2023
Christmas	Wednesday 20th December - last session Re-opens Monday 8th January 2024
Spring Half-Term	Monday 19th February - Friday 23rd February 2024
Easter	Monday 25th March - Friday 5th April 2024
May Bank Holiday	Monday 6th May 2024
Summer Half- Term	Monday 27th May - Friday 31st May 2024



If you have any stories/ideas you would like to share in September's edition please let Maria know. This is after all your newsletter plus you would be helping Maria out when her creative juices starting drying up!!