



# SoundCafe Volunteer Newsletter

January 2023

## Welcome Back

Hi everyone, can you believe we are back delivering services for a month now - where did Christmas and New Year go!!!

We have seen an increase in new guests coming along to all sessions over the past month and it has also been lovely to see so many old guests coming back too.

The community singing is going from strength to strength and the choir are working on different songs to showcase in the Summer.

We have lots of things happening this year and we will keep you informed and updated on when they are happening.

This year will not be an easy one for our guests and also you may find that things are difficult for you too. We are a family at SoundCafe and we will continue to hold all of you our wonderful volunteers and guests gently as we navigate the hurdles that may arise during this turbulent time for the country.

## Chinese New Year

Guests at our Creative Cafe recently celebrated Chinese New Year which the year of the rabbit. It was a wonderful afternoon and the guests really enjoyed it.







## Volunteer Training

Thank you to everyone who replied in relation to their availability to attend the volunteer training session.

The training will take place on **TUESDAY 14TH MARCH 2023 FROM 1.30PM-3.30PM** at St Mary de Castro Church. Lunch will be provided during the training. We look forward to seeing you all then.



## New Trustee

Following the last Trustee Board meeting on Thursday 27th January 2023 we are delighted to welcome Lucy Collins to the Board.

Lucy will have responsibility for PR & Communications. Some of you may have met Lucy already as she attended a creative café session.

We also have another new Trustee coming on board in March.



## Coronation Event

We are looking at how we enable the guests to celebrate the Coronation of King Charles in May.

We have three options:

- **Wednesday 3rd May 1pm-3pm**
- **Monday 8th May - this would be a whole SCL family event in line with it being a national volunteering day as well as a bank holiday.**
- **Wednesday 10th May 1pm-3pm**

Please let us know which one you would prefer.



## Leicester City in the Community

Maria recently attended a community information event at the King Power Stadium to help promote SCL services.

It was a great way of getting our message out there.

Leicester City in the Community have a mental health well-being portal which you may also be interested in having a look at: [www.unitedleicester.com](http://www.unitedleicester.com)



## It's Official

Following their informal interviews we are delighted to announce that Suzanne and Maria are now official SoundCafe volunteers. Both volunteer at the Choir session on Monday afternoons and are valued members of the team.

We are always on the look out for new volunteers so if you know of anyone who you think would like to join us - let them have our details.



## Volunteer Admin

Thank you to everyone for completing the Volunteer Emergency Contact forms.

We are currently in the process of ensuring we have up to date information on all volunteers and guests.

Also, Sandie our Pastoral Lead and Trustee is in the process of carrying out DBS checks so watch out for information coming your way from her.



## Bake a cake for SoundCafe

Are you a budding Mary Berry? Why not bake a cake for SoundCafe? We are looking for donations of cakes for our sessions on Monday and Wednesday afternoon.

If you would like to do this please let Maria know so she can put together a rota so that we are not overrun with cakes!!!!



## Remembering Ken

It was with great sadness that we learnt of the death of Ken Prior. Ken was an active member of the Choir and always had a smile on his face and the odd joke to tell too.

There will be a celebration of Ken's life on **Sunday 5th February 2023 from 12.30-1.00pm at the Church of the Martyrs** for anyone who would like to go along and remember Ken.

