

Happy Easter and Thank You

Well, can you believe it we are at Easter already - doesn't seem five minutes ago we were celebrating Christmas I am sure the older we get the quicker time seems to go!!

It has been lovely to see the number of guests coming back increasing each week some old faces but some new ones too!! We are looking forward to the coming months and we have some exciting events happening over all three service delivery sessions.

As we enter this Easter season we give thanks for being able to spend time with our families and friends but we are mindful that for some our guests SoundCafe are their family and we hold them gently during this time. For many it has been a tough few months and we pray that brighter days for everyone are around the corner.

We wanted to say a big thank you to each and everyone of you for coming along and supporting our guests at each of our sessions, without you, we would not be able to provide the safe and welcoming spaces our guests deserve each week.

On behalf of Rachel, Jenny and myself we wish you all a Happy Easter and we look forward to seeing you in three weeks.



Volunteer Training

On Tuesday 14th March 2023 we held our Volunteer Training session at St Mary de Castro.

Thank you to everyone for taking time out of your day to come along and participate in this session and enjoy the working lunch provided by Oh So Bakery. Our guests also had the opportunity to take some of the lunch home the next day.

We hope that you found it useful. Our aim for the session was to make it as informal and interactive as possible which we found has worked well in the past. We recognised that as a volunteer base you have many years of life experience or experience of volunteering in other settings and so we wanted to tap into that and let everyone have a voice in shaping your volunteering experience with SCL.

Like Rachel said in the training session we welcome any comments you may have ie: it would have been better if..... Please let us have any comments/ideas moving forward. Any suggestions made on the day have been noted and we will see how we can best accommodate them.

Volunteer Portal

As mentioned during the training we have a volunteer portal which volunteers will be able to access via the website. The final bits are being added to it and once this is completed we will let you have the login details. This is your portal so if there is something you would like to see on please let me know.

Provision will be made for those volunteers who are not able to access the website for hard copies to be provided as this was highlighted during discussions. Hard copies of the newsletter will also be provided.

Volunteer Newsletter

If there is anything you would like included in the newsletter which you think other volunteers might find useful or an event that might taking place etc, let Maria know and she will include them in that month's newsletter.



Easter Eggs

Thank you to everyone who along with a generous donation of 40 Easter Eggs from Gareth Padfield we were able to give each of our guests an egg for Easter.

I am sure you can see how much it means to them in the photograph.



Can you help?

Could you or someone you know add an extra item to your shopping to support our weekly sessions?

We are looking for biscuits, pot noodles, cuppa soups, hot chocolate, tea and coffee.

You can drop off donations on Mondays and Wednesdays between 1pm-3pm at St Mary de Castro Church and Tuesdays at St Margaret's Pastures from 11am-1pm.



Choir Open Rehearsal

On Monday 27th March 2023 we held our Choir open rehearsal at St Mary de Castro Church.

It was a lovely afternoon and we had 20 guests attend. We also welcomed a few visitors who listened to the choir as they looked around the church.

See below of our next Choir event.



Coronation Celebration

As previously mentioned we will be having a Cream Tea celebration on Monday 8th May 2023 from 1pm-3pm so that our guests can join in with the national celebtrations.

It is also an opportunity to recruit new volunteers and we will be sharing publicity material soon.

If you would like to donate any items for the tea please let Maria know.



Choir Summer Concert

Choir are busy rehearsing for their Summer Concert on Monday 3rd July 2023 the theme of which will be Musicals.

Like their concert at Christmas the event will be open to members of the public from 2pm-3.30pm with choir rehearsal from 1pm-1.45pm.

More details to follow nearer the time.



SCL Football Health & Well-Being Tournament

We have secured corporate sponsors for two of the four pitches.

We are also looking for anybody who might like to donate £50.00 to feed a team on the day. I have three of the teams catered for presently.

If you know of anyone please let Maria know.



Creative Cafe Summer Time Special

Our creative cafe Summertime Special will be held on WEDNESDAY 19TH JULY 2023 from 1pm-3pm.

We will be forwarding information on the afternoon nearer the time.

Save the date!!









